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ABSTRACT

Noting that the protective factors that support positive child development despite adversity are becoming better understood, this workbook discusses the importance of encouraging resilience in preschool children living in challenging circumstances and shows how to evaluate resilience through the use of checklists and background information. The workbook, one of a series focusing on resilience in preschoolers, school-aged children, and adolescents, also provides information to assist in planning intervention strategies. The workbook's introduction describes the domains of resilience, summarizes factors associated with resilience during the early years, and contains an assessment and intervention chart. The workbook is then organized into two parts. Part 1 presents background information and assessment checklists for children and for parents/caregivers in the following areas: (1) secure base; (2) education; (3) friendships; (4) talents and interests; (5) positive values; and (6) social competencies. Part 2 outlines principles to underpin the planning of intervention strategies in each area. This section also features two case studies that illustrate how information on a child's vulnerabilities and resilience and protective factors are used to design appropriate interventions. A description of Kohlberg's stages of moral development and assessment method is appended. (Contains a 67-item bibliography.) (KB)

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